

# Water/ Drinking Log Form For Urine Specimen Collections

**Specimen ID#:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Collector Name (Print):** \_\_\_\_\_

**Start Time/(1<sup>st</sup> Insufficient Specimen):** \_\_\_\_\_:\_\_\_\_\_ **AM/PM**

Time	Amount of fluids given

Please note that the donor has up to 3 hours to provide a sufficient specimen and, they should be encouraged to drink up to 40 ounces of fluids. Instruct the donor not to leave the collection site during this time. It is crucial that the donor is supervised during the 'shy bladder process'. The donor should NOT be placed in a waiting room or public area. Collector: Record all details in the Remarks section of the CCF (time of first insufficient specimen, amount of fluids consumed, etc.).

Use of this form is for internal record-keeping only. This is not a federal document. All circumstances relating to eventful collections must be documented in the Remarks on the CCF.